



**KEISHNER B.BASTIDA**

**Responsible And Hardworking Individual with Experience Child Caree and Management**

**FULL NAME: KEISHNER BADINGAS BASTIDA**

**BIRTH: 23 JUN 1982**

**STATUS: MARRIED**

**AGE: 44**

**BIRTH PLACE : DUPAX DN N VIZ**

**RELIGION: ROMAN CATHOLIC**

**WEIGHT: 50 KG**

**HEIGHT : 5'2**

**ACTIVE LINE: +639935968165**

**PASSPORT NO.P625469A**

**DATE:ISUE: 02 MAR 2018**

**DATE:EXPIRED:01 MAR 2028**

# CURRICULUM V

## **EDUCATIONAL BACKGROUND**

GRADUATE, BACHELOR OF SCIENCE IN INFORMATION TECHNOLOGY

PHILIPPINE ADVENT COLLEGE

## **WORKING EXPERIENCE:**

1. DATE: 2010-2012  
POSITION: BABYSITTER /CAREGIVER  
LOCAL / ABROAD: JEDDAH  
EMPLOYER:

2. DATE: 2013-2018  
POSITION: BABYSITTER/CAREGIVER  
LOCAL / ABROAD: JEDDAH  
EMPLOYER: 2020-2022

3. DATE: 2023-2025  
POSITION: BABYSITTER /CAREGIVER  
LOCAL / ABROAD: JEDDAH  
EMPLOYER:

## **DUTIES AND RESPONSIBILITIES:**

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## **Childcare and Safety:**

- Providing a safe, nurturing environment;
- Bathing, dressing, and diapering/potty training.
- Nutrition and Meals: Planning, preparing, and feeding healthy meals and snacks;
- Bottle feeding/sterilizing for infants.

## **Education and Development:**

- Engaging in age-appropriate play, arts and crafts,
- Reading, and educational activities.

## **Routine Management:**

- Establishing and maintaining nap schedules, bedtime routines, a
- Teaching homework supervision.

## **Child-Related Housekeeping:**

- Tidying play areas, cleaning up after meals, and managing children's laundry.

## **Transportation:**

- Drop and pick up to school,
- Doctors' appointments, playdates, or extracurricular activities.
- Helping with walking, transfers to bed and fall prevention.

## **Communication:**

- Providing daily updates, activity logs,
- Communicating with parents regarding the child's development or any health issues

## **Personal Hygiene & Care:**

- Assisting with "Activities of Daily Living" (ADLs), including bathing, grooming, dressing, toileting, and oral care.

## **Health & Medication Management:**

- Monitoring vital signs (temperature, pulse, blood pressure), providing medication
- Reminders, and observing/reporting any physical or behavioral changes.

## **Nutritional Support:**

- Planning and preparing nutritious meals according to dietary restrictions,
- Assisting with feeding if necessary, and ensuring proper hydration.