



ROSE MARY HANDOG DE GUZMAN

MOBILE:+639098104028

Responsible And Hardworking Individual with Experience Child Caree Management

FULL NAME: ROSE MARY HANDOG DE GUZMAN

BIRTH: 21 JAN 1989

STATUS: MARRIED

AGE: 37

BIRTH PLACE : PV CORPUZ MBT

RELIGION: ROMAN CATHOLIC

WEIGHT: 64 KG

HEIGHT : 5'2

PASSPORT NO. P9973503C

DATE:ISUE: 01 JUL 2025

DATE:EXPIRED: 30 JUN 2035

CURRICULUM V

PLACE OF ISSUE: DFA NCR SOUTH

EDUCATIONAL BACKGROUND

GRADUATE, BACHELOR OF SCIENCE IN INFORMATION TECHNOLOGY

PHILIPPINE ADVENT COLLEGE

WORKING EXPERIENCE:

1. DATE: 2021-2023
POSITION: ON CALL NANNY/TUTOR
LOCAL / ABROAD: PHILIPPINES
EMPLOYER:

2. DATE:
POSITION:
LOCAL / ABROAD:
EMPLOYER:

3. DATE:
POSITION:
LOCAL / ABROAD:
EMPLOYER:

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DUTIES AND RESPONSIBILITIES:

Childcare and Safety:

- Providing a safe, nurturing environment;
- Bathing, dressing, and diapering/potty training.
- Nutrition and Meals: Planning, preparing, and feeding healthy meals and snacks;
- Bottle feeding/sterilizing for infants.

Education and Development:

- Engaging in age-appropriate play, arts and crafts,
- Reading, and educational activities.

Routine Management:

- Establishing and maintaining nap schedules, bedtime routines, a
- Teaching homework supervision.

Child-Related Housekeeping:

- Tidying play areas, cleaning up after meals, and managing children's laundry.

Transportation:

- Drop and pick up to school,
- Doctors' appointments, playdates, or extracurricular activities.
- Helping with walking, transfers to bed and fall prevention.

Communication:

- Providing daily updates, activity logs,
- Communicating with parents regarding the child's development or any health issues

Personal Hygiene & Care:

- Assisting with "Activities of Daily Living" (ADLs), including bathing, grooming, dressing, toileting, and oral care.

Health & Medication Management:

- Monitoring vital signs (temperature, pulse, blood pressure), providing medication

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- Reminders, and observing/reporting any physical or behavioral changes.

Nutritional Support:

- Planning and preparing nutritious meals according to dietary restrictions, • Assisting with feeding if necessary, and ensuring proper hydration.