



ABOUT

I am a dependable person who is great at time management. I am always energetic and eager to learn new skills. I have experience working as part of a team and individually. I use a creative approach to problem solve. I would like to contribute to the growth of an organization that is able to utilize my dynamic experience and creative skills while offering me a challenging position and promising career growth.



EXPERTISE

Time Management



Communication

Problem Solving

Leadership

MS Office



CERTIFIED NURSING ASSISTANT

ANUKI SHANIKA HERATH

- Gender :- Female
- Date of birth :- 09 April 1987
- Nationality :- Sri Lanka
- QID No :- VALID QID

CONTACT :51038317



EDUCATION QUALIFICATION

EDUCATION & CERTIFICATES

- Certified Nursing Assistant (CNA – Level 4,5) & Certified Advanced Caregiver – Catalyst Management Institute, Qatar (2025) – Reading
- Basic Life Support (BLS) / CPR/ AED (Hands on Training) – Catalyst Management Institute, Qatar (2025)
- Diploma in Caregiver (NVQ Level 4) – AIBT Campus, Sri Lanka (2023)
- Diploma in Early Childhood Education and Daycare Training (Pearson assured) (2014)
- Training Course on Occupational First Aid – Sri Lanka Red Cross Society, Colombo (2014)

WORK EXPERIENCE

1. **Elderly Caregiver**
(Volunteer) 2022-2025
2. **Personal and medical care**
3. **Personal hygiene:**
Assisting with bathing, dressing, grooming, and toileting.
4. **Medication management:**
Dispensing medication and ensuring it is taken as prescribed.
5. **Mobility assistance:**
Helping with movement and using mobility aids to prevent falls.
6. **Health monitoring:**
Reporting changes in health or behavior
7. **Medical appointments:**
care.
8. **Daily living assistance**
9. **Meal management:**
Planning and preparing nutritious meals and assisting with eating if needed.
10. **Emotional support:** Offering encouragement and a positive presence.