



Gladys Darko

Professional Nursing assistant

Professional Summary

I'm a caring and dedicated Nursing Assistant with over 10 years experience helping patients feel comfortable and safe during their time in the hospital. I enjoy working closely with nurses and other healthcare team members to provide support with daily activities like bathing, feeding, and mobility. I pay close attention to patients' needs and monitor their vital signs to help catch any changes early. I believe in treating every patient with kindness and respect, and I always follow safety and hygiene protocols. My goal is to make a positive difference in patients' recovery by offering compassionate, dependable care.

Skills

- Patient care assistance, health standards maintenance, and clinical skill execution.
- Adherence to clinical procedures and systematic progress planning to meet healthcare objectives.
- Support for clinical and non-clinical staff to ensure efficient patient care.
- Strong communication and interpersonal skills.
- Adaptability to diverse working environments.

Education

- **2024-2025:** Certified Advanced care giver
- **2016-2019:** Nursing & Midwifery Training College, Patang – Post Basic Midwifery Certificate
- **2019:** University of Cape Coast – Diploma in Midwifery
- **2010:** Nursing & Midwifery Council of Ghana – Certificate in Community Health Nursing

Professional Duration	Registration Registration Body	Qualification	Number
11/2024-06/2025	Certified Assistant Qatar	Nursing Certified Assistant	B70/0019
11/2024-06/2025	Certified Assistant Qatar	Nursing Certified Assistant	B70/0019
04/2010-08/2014	Nursing & Midwifery Council of Ghana	Community Health Nurse	9705
03/2019-Present	Nursing & Midwifery Council of Ghana	Registered Midwife	RM15572

Work Experience

December 2024 – June 2025: Apple Tree. Qatar Assistant Teacher

- Assisted lead teacher in delivering lessons to grade level/age group, supporting 25 students daily.
- Prepared classroom materials, organized learning stations, and adapted activities for diverse learners.
- Provided one-on-one support to students with learning challenges Supervised recess, lunch, and field trips, ensuring a safe and inclusive environment.
- Graded assignments and maintained records using software like PowerSchool.

June 2024 – November 2024 : TAMAAM TRADING CONTRACTING CLEANING AND HOSPITALITY SERVICES. Supervisor

- Supervised a team of 50 staff members, ensuring adherence to [specific standards, e.g., healthcare protocols, production targets].
- Conducted regular performance reviews and provided coaching to improve productivity by 90 %.
- Developed shift schedules and delegated tasks to meet operational goals. • Resolved customer/client complaints and escalated complex issues to management.

2019– 2023: La General Hospital, Ghana Health Service

Departments: OPD, General medical department, Theatre Recovery

Key Responsibilities:

- Assist registered nurses with complex patient care activities, including advanced mobility support, wound care, and IV management.
- Assisting a registered nurse in the consulting room.
- Check and monitor vital signs, administer basic treatments, and observe for any changes in patient conditions, reporting findings promptly to the nursing team.
- Provide personalized assistance with activities of daily living (ADLs), ensuring patient comfort and dignity.
- Maintain a clean and organized work environment, ensuring all patient care areas are stocked, sanitized, and compliant with safety standards.
- Document patient care activities accurately and promptly ensuring compliance with legal and regulatory standards.

2019–2020: Patient Ward Unit And Theater Recovery

- Performing bed making and personal hygiene for patients.
- Ensure the ward/unit remains clean, organized, and stocked with necessary supplies, supporting a safe and efficient environment.
- Aid in patient transfers, repositioning, and mobility efforts to prevent falls and promote recovery.
- Helping patients to ambulate after operation or surgery.
- Support patients with Activities of Daily Living (ADLs), including bathing, dressing, feeding, and mobility assistance

2010–2019: Korle bu Teaching Hospital, Ghana Health Service

- Assist in keeping track of the patient's vital signs, observing any changes in their condition, and promptly reporting any findings to the nursing staff
- Help nursing staff with routine patient care tasks in the ward or unit while maintaining a welcoming and secure atmosphere
- Adopt stringent infection control measures specific to the ward or unit, such as PPE guidelines, sterilisation techniques, and isolation measures when required.
- Maintain a safe and effective environment by keeping the ward or unit stocked with the required supplies, clean, and orderly.
- Encourage comfort and recuperation in the ward or unit, assist patients with activities of daily living, such as dressing, eating, bathing, and moving around.
- Honoured for empathetic treatment, collaboration, and commitment to patient safety in the ward/unit environment.

References

1. Miss Julia Yiadom

Senior Nursing Officer, La General Hospital, Ghana.

Phone: +233 242678461 | Email: julliatasabina@gmail.com

2. Mrs. Benedict Naah

Principal Midwifery Officer, Korle bu Teaching Hospital Phone: +233 243308930 | Email: naahbeneditte@gmail.com

